



The Community Network for Appropriate Technologies

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Journey Project Resource Center at the Environmental Center
55 A Ridgeway Avenue, Santa Rosa, CA phone: 578-0595
www.CaringCommunity.org

Prospectus – Spring 2011

The Community Network for Appropriate Technologies (CNAT) has been serving Sonoma County since nonprofit incorporation in 1978. It is our mission to support and develop information services, programs and networking activities that foster cooperative action, social responsibility, community self-reliance, and appropriate use of technologies. Work completed has had significant impact in the fields of renewable energy, the arts, affordable housing, community-based long-term care and end-of-life care here in Sonoma County and far beyond. Susan Keller, MA, MLIS (founder) is Executive Director/Principal Planner.

1. Programs Created and/or Developed As a Result of Our Work:

› Advance Care Planning Rotation, Santa Rosa Family Medicine Residency Program › Bay Area Energy Information Network › Cost of Growth Project › Cultural Arts Council of Sonoma County › End of Life Care Alliance of Sonoma County › Journey Project › Latino Caregiver Training Program
› Natural Death Care Project › Open Arms Computer Training Center › Residential Conservation Service Pilot Project › Senior Peer Counseling Program Training – Journey to Life’s End › Senior Residential Care Council › Solar Technician Training Program › Sonoma County Coalition for Compassionate Care › Sonoma County Conservation Council/Environmental Center of Sonoma County
› Sonoma County Energy Office › Sonoma County POLOST Training Program › Sonoma County Self-Help Housing Advisory Service › www.CaringCommunity.org

2. Professional Positions and Appointments Held by Susan Keller, MA, MLIS, Executive Director

Santa Rosa Family Medicine Residency Program, Clinical Instructor (2010 - present)
California POLST Statewide Task Force, Consumer Representative (2009 - present)
Kaiser Permanente Santa Rosa Bioethics Committee, Community Member (2005 - present)
Sonoma County Health Action Primary Care Work Group Member (2009 - present)
Sonoma County Conservation Council/Environmental Center Board Chair (2007 – present)
Program of All Inclusive Care for the Elderly (PACE), Rural Initiative Design Team Member (2003-2004)
California Coalition for Compassionate Care, Steering Committee Member (2000 – 2006)

Sonoma County Area Agency on Aging, Legislative Committee Member (1998 – 2007)

Sonoma County Area Agency on Aging, Assisted Living Waiver Committee Member (2007 – 2010)

Senior Residential Care Council of Sonoma County, Executive Director (1988 - 2000)

Interfaith Elder Care Task Force Facilitator (1999 – 2000)

3. Funding Sources:

(a) Contractors

County of Sonoma: Board of Supervisors; Department of Housing and Community Development; Comprehensive Employment Training Act (CETA) Office; In Home Support Services Public Authority.

California: Department of Community Development; Department of Vocational Education; Office of Appropriate Technology; Arts Council.

Partnership Health Plan of California › Alephnull, LLC (Irises at the Sea Ranch) › Innovative Housing

(b) Foundation Grants

California HealthCare Foundation › Exchange Bank › Kaiser Community Benefit Program
› Marco A. Vidal Fund › National Office of Appropriate Technology › Pacific Foundation for Medical
Care › Renewable Energy Development Institute › Robert Wood Johnson Foundation Rallying Points
Program › Schulz Donor Advised Fund – Community Foundation Sonoma County
› Community Foundation Sonoma County › The California Endowment

(c) Other Major Contributors

Edna and M. Gregg Steadman Trust Fund › Marcia Thorndike and M. Gregg Steadman, MD
Real Goods Trading Company › Santa Rosa Indian Center › Many Professionals Assisting Pro Bono

4. Reports and Publications:

(a) Planning reports done under contract with the Sonoma County Board of Supervisors:

Cultural Arts Council of Sonoma County Planning Project Report › Sonoma County Energy End Use
Study › Sonoma County Energy Task Force Report › Sonoma County Residential Conservation
Service Plan › Sonoma County Self-Help Advisory Service Project Report

(b) Other Reports and Publications (Sampling)

Residential Care for Low-Income Frail Elderly in Sonoma County: a Plan for Cooperative Action
› Cloverdale Elder Care Project Plan for Cooperative Action › Friendship House Program Operations
Manual › A Plan for Cooperative Action – Promoting Excellence in End-of-Life Care › Journey to
Life's End: A Traveler's Guide › The Iris Commons Continuity of Care Project Concept Work Paper
› eNews Update POLST Paradigm

5. Sampling of Aging and End of Life Presentations:

Improving Care Through Life's End for People in Residential Care: Challenges & Opportunities (for licensed Residential Care Home Administrators), Oct, 2010 at the Villa Capri, Santa Rosa.

Improving Care Across the Continuum~ Supportive Care at It's Best, 8 hours POLST Paradigm Training, Petaluma Valley Hospital, April, 2010 Co-sponsored by the Petaluma Health Care District.

Wellness Through Life's End: Planning and Navigating the Journey. Parkinson's Support Group, 3/10.

End of Life Issues Series for Caregivers, 9-hour over 3-sessions. Annual Training for In Home Supportive Services Public Authority Sonoma County, 2002 thru 2009

Latino Caregivers Training in End of Life Issues, 4 hour training in Spanish, 2004, 2008, 2010.

Wellness Through Life's End: Planning and Navigating the Journey, Kaiser Senior Health Education Program. Four two-hour classes at Kaiser and Senior Centers in Sonoma County. 2007

Palliative Care: Bridging the Gaps, Wisconsin Hospice Organization and Palliative Experts (HOPE) 11/06

Ethical Considerations for Life's End: Knowing and Honoring the Patients Wishes, Grand Rounds, Kaiser Permanente Medical Center Santa Rosa, CA. November 2, 2005

Aging in Community: Addressing Senior Housing and Care Needs, Sea Ranch Community Meeting 7/04.

Wellness at the Ending of Life, Staff Nurses Association, Memorial Hospital Spring Symposium 5/99.

Wellness in Dying: An Introduction, Kaiser Permanente Family Medicine Division, Santa Rosa 1/99.

Social Planning Alternatives: Wellness in Dying, Gerontology MA Practicum Sonoma State University '99

Journey Project, the Wellness in Dying Movement, and Models of Value to our Community, Area Agency on Aging Long-term Care Committee, Santa Rosa, CA 1/98

Meeting the Elder Care Needs of the Community, "Who Cares" Conference, Cloverdale Senior 3/90

Note: Susan Keller has done hundreds of presentations and workshops promoting end-of-life care planning, palliative care, and actions needed to improve care and life through life's end. She also has done scores of presentations for students, professionals, government entities and the general public concerning network development, collaborative action and strategic planning. An annotated bibliography of presentations is available on request.

6. Research Collection: Research collections developed in the course of our work have been spun off into the Sonoma County Library System, Sonoma State University Solar Technician Program and the Environmental Center of Sonoma County. The Journey Project Resource Center houses the special collection developed over more than two decades in support of our work to improve the journey through life's end. Since 2004, we have maintained an online resource center at www.CaringCommunity.org.

7. Licenses Held 1997 – Present:

CA Board of Nursing Continuing Education Provider # 12340
CA Board of Behavioral Sciences Provider # 1084
CA Nursing Home Administrators Program Provider # 1572
CA Department of Social Services RCFE CE Vendor # 1000248

8. Awards

- CA Senate Resolution authored by all elected Assembly and Senate members representing Sonoma County acknowledging consumer advocacy and planning accomplishments
- Award for Energy Innovation, U.S. Department of Energy, Secretary of Energy
- Award for Energy Innovation, State of California, George Deukmejian, Governor

9. Staff, Board of Directors and Advisors

Executive Director/Principal Planner: Susan Keller, M.A., M.L.I.S.

Board of Directors:

Terry Popp, President › Carolyn DeTierra, Vice-President › Kathy Rueve, Treasurer
› Sara Katra, Secretary › Ortencia Angotti **Past President** Nancy Unger

Journey Project/Coalition Leadership Council:

Nina Arbour › Harry Carr, MD › Marian Cremin, LCSW › Terri Dent, MDiv
› Bill Dorsey, LCSW › Tim Gieseke, MD › Patty Jellison › Gary Johanson, MD
› Cristi Keith › Susan Keller › Sue Pearce, MA › James Salvante, EMS
› Eloise Tweeten › Andrew Wagner, MD › Susan Ziblatt

Latino Program Co-Directors:

Ortensia Angotti › Teresa Fernandez › Susan Keller › Sara Katra

Senior Advisor: Helen B. Rudee

“Appropriate Technology offers us a way to acknowledge and integrate our values into the way we use our tools. It reflects a concern for enhancing our skills and self-reliance, in utilizing our local resources to create employment within our communities, and in using available resources in a conserving and sustainable manner.”

Sam Sadler, Oregon Office of Appropriate Technology, 1978